

When Should I Keep My Child With Asthma Home From School?



Many Children with **ASTHMA** miss more school days than they need to. When asthma is under **CONTROL** your child **CAN** go to school! It is very important that your child not miss more school than is necessary, because school is a key time for proper development, both socially and educationally.

Your child should go to school if they:

- ❑ Have a stuffy nose, but are not wheezing (whistling noise when they Breathe)
- ❑ Have mild wheezing but it goes away after taking their quick-relief Medicine (Albuterol)
- ❑ Can participate in everyday school activities
- ❑ Have no trouble breathing

Your child should stay at home if they:

- ❑ Have trouble breathing
- ❑ Have a sore throat
- ❑ Have a fever over 100 degrees or forehead/ cheeks that are very hot
- ❑ Is wheezing and continues wheezing after taking quick-relief medicine (Albuterol)
- ❑ Is weak or tired and would have trouble keeping up in normal, everyday School activities

Call your Doctor if your child stays home!!



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