



# Pre-Test

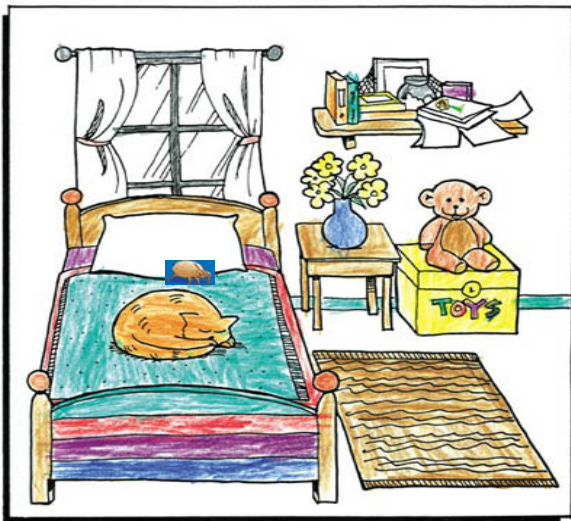
Name: \_\_\_\_\_ Sex: F M Zip Code: \_\_\_\_\_

What is your age (circle one)? 0-17 18-54 55 and older

Your ethnicity (Circle all that apply):

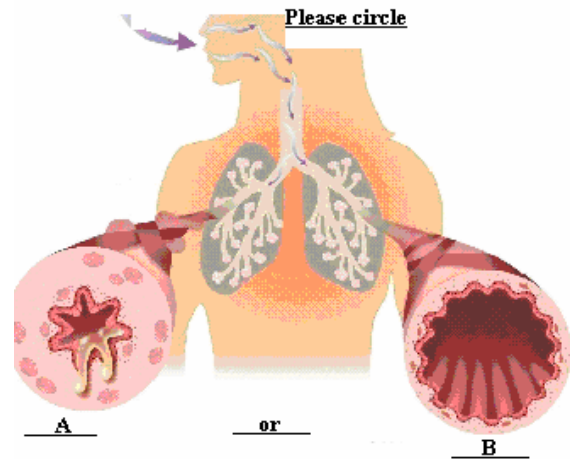
- African American/Black
- Asian American/Pacific Islander
- Hispanic/Latino
- Native American/Alaskan Native
- White (Non-Hispanic)
- Mixed/Multiethnic (Specify: \_\_\_\_\_)

1) To avoid an asthma attack, try to keep your bedroom as free as possible from triggers. List 4 triggers in the picture



- 1.- \_\_\_\_\_
- 2.- \_\_\_\_\_
- 3.- \_\_\_\_\_
- 4.- \_\_\_\_\_

2) Which one is normal?



3) Circle **at least three** things that happen in the airway during an asthma attack:

- a) Constriction
- b) Runny nose
- c) Coughing
- d) Inflammation
- e) Too much mucus

4) Quick relief medicine opens the airways fast to stop an Asthma attack once there are Asthma warning signs/symptoms?

- a) True
- b) False
- c) Don't Know

5) Can asthma be cured?

- a) Yes
- b) No, but it can be controlled
- c) Don't Know

6) Long-term control medicine should be taken everyday, even when you feel good and have no Asthma signs/symptoms?

- a) True
- b) False
- c) Don't Know

7) Coughing, shortness of breath and wheezing are common Asthma warning signs or signals.

- a) True
- b) False
- c) Don't Know