

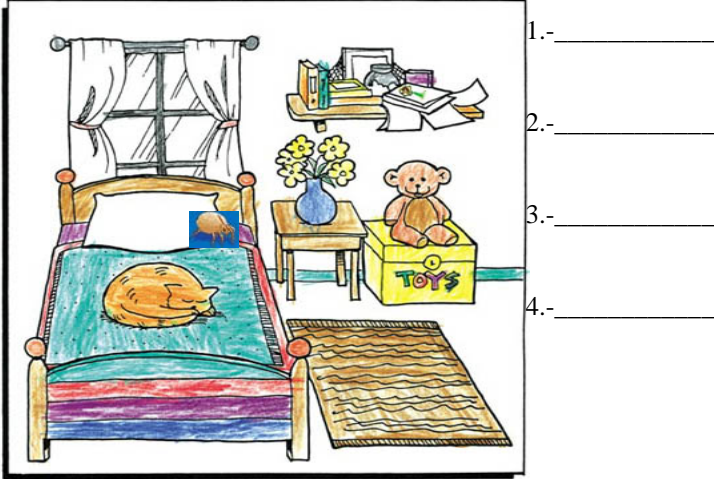


Post-Test & Evaluation

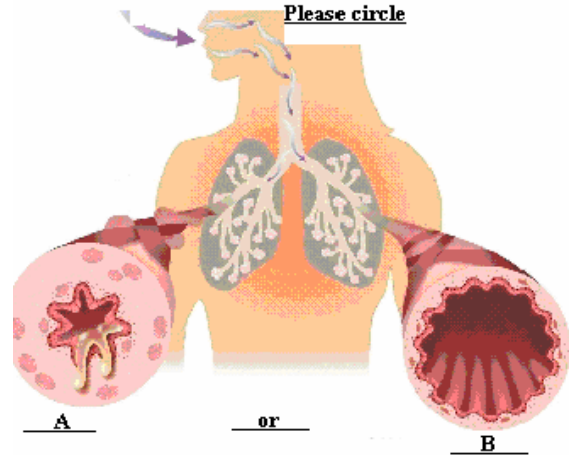
Name: _____ Sex: F M Zip Code: _____

1) To avoid an asthma attack, try to keep your bedroom as free as possible from triggers.

List 4 triggers in the picture



2) Which one is normal?



3) Circle **at least three** things that happen in the airway during an asthma attack:

- a) Constriction b) Runny nose c) Coughing d) Inflammation e) Too much mucus

4) Quick relief medicine opens the airways fast to stop an Asthma attack once there are Asthma warning signs/symptoms?

- a) True b) False c) Don't Know

5) Can asthma be cured?

- a) Yes b) No, but it can be controlled c) Don't Know

6) Long-term control medicine should be taken everyday, even when you feel good and have no Asthma signs/symptoms?

- a) True b) False c) Don't Know

7) Coughing, shortness of breath and wheezing are common Asthma warning signs or signals.

- a) True b) False c) Don't Know

Event Evaluation

How much did you know about Asthma before you attended this event?

- a) A lot b) Some c) A little d) Nothing

I am able to use the knowledge/skill learned to better manage asthma.

- a) A lot b) Somewhat c) A little d) Not at all

Comments: _____

Thank you for your participation in our event today! We appreciate your feedback!